



ATHENS
—ACADEMY OF—
EAST ASIAN
MEDICINE

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Athens Academy of East Asian Medicine
CATALOG / STUDY GUIDE
2023 - 2024



EDUCATIONAL PROGRAM

Foundations of Chinese Medicine
Acupuncture
Herbal Medicine
Tuina
&
Foundation of Western Medical Sciences

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CO-DIRECTOR'S LETTER



Welcome to the Athens Academy of East Asian Medicine (ACEAM), where we are dedicated to providing our students with an exceptional education in Acupuncture, Herbal Medicine, Tuina, and other traditional East Asian therapies. Our education facilities are conveniently located in the heart of Athens, Greece, and our approved curriculum exceeds the

International Education Base Standard of the Pan European Federation of TCM Societies (PEFOTS) and the European Traditional Chinese Medicine Association (ETCMA).

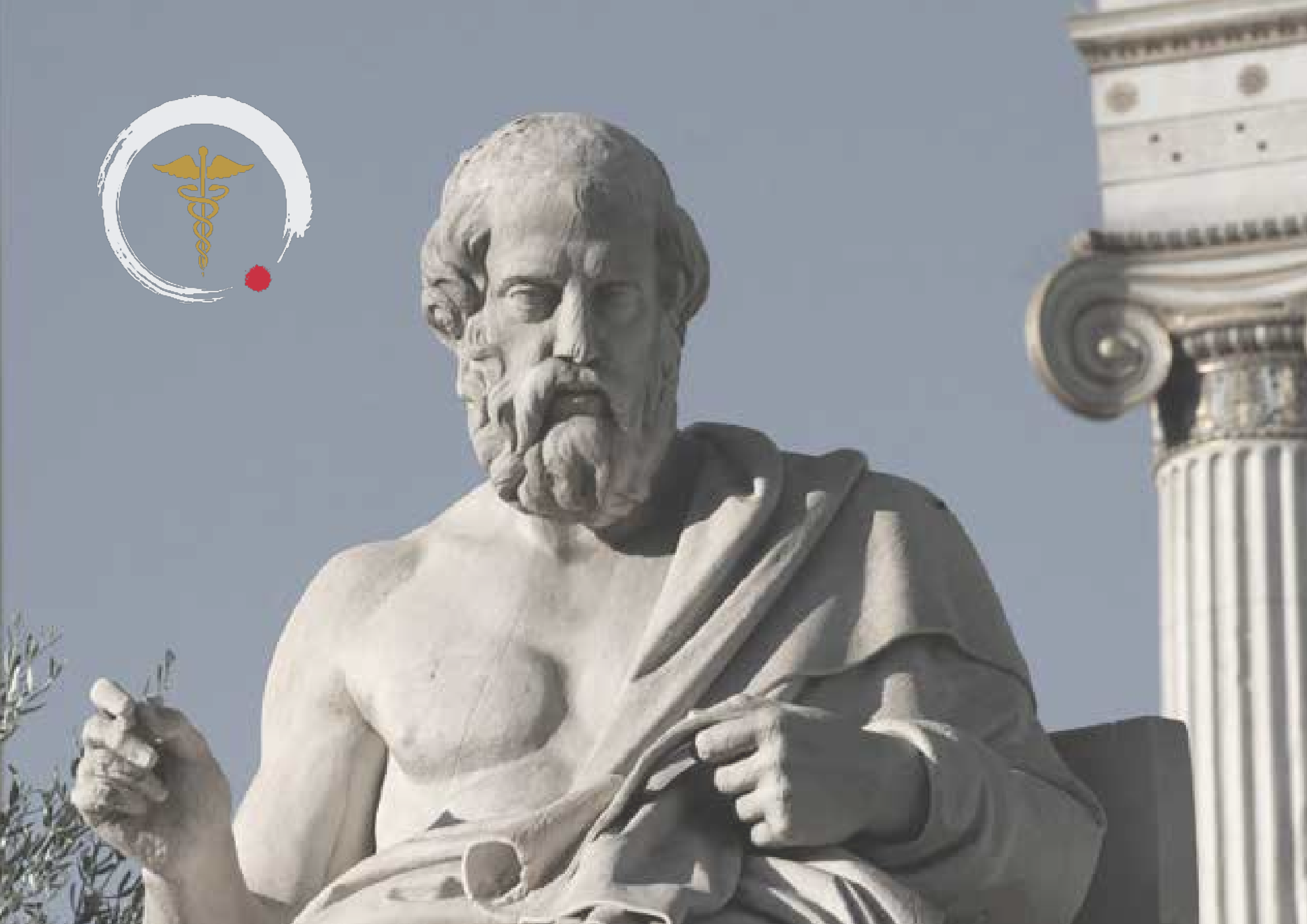
Our flexible 3-year TCM program, along with a one-year Western Medical Sciences program, is designed to accommodate the needs of students with work and family commitments. Our experienced staff of educators and academic professors of Chinese Medicine are committed to providing the highest standard of education, ensuring that graduates are proficient and self-assured in the safe practice of Acupuncture and Chinese Herbology.

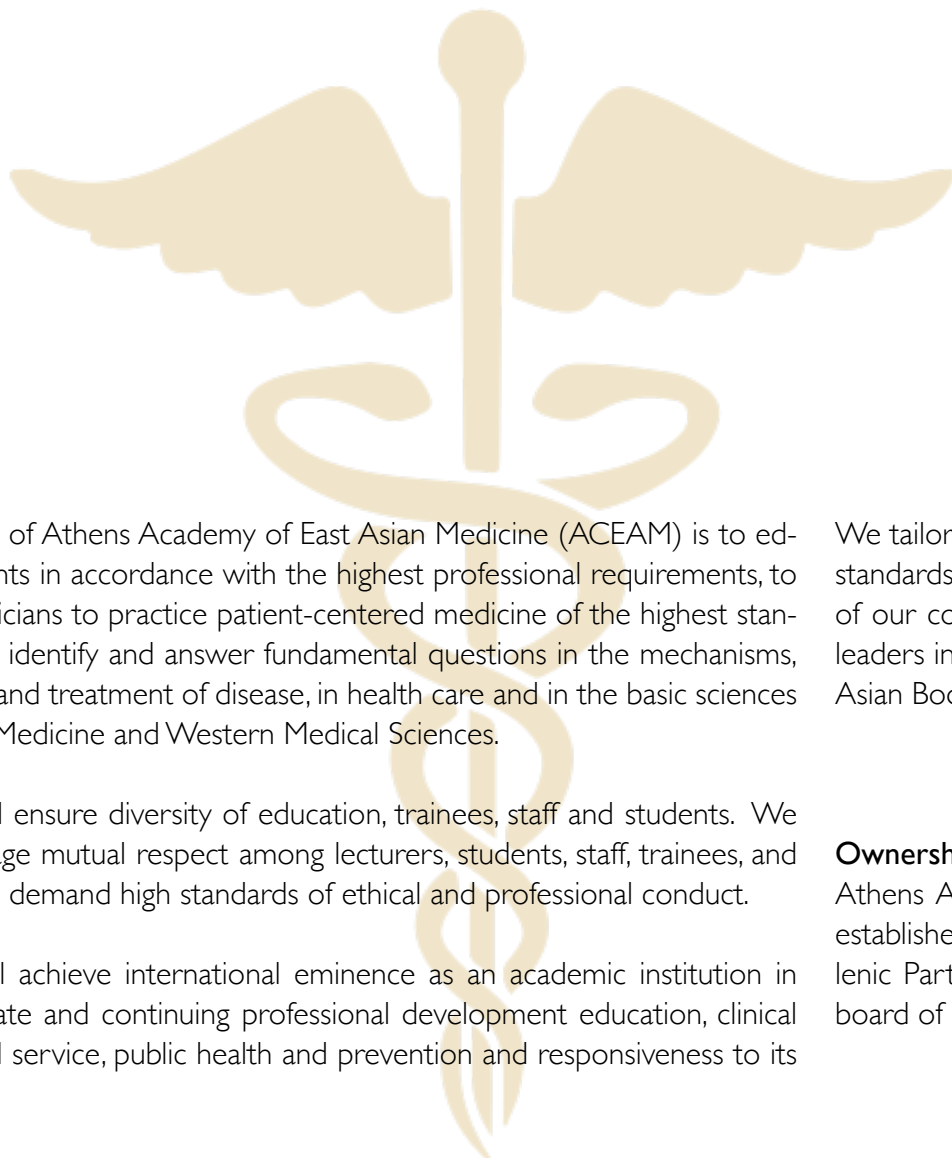
At ACEAM, we take pride in our team of renowned East Asian Medicine professionals, including Professor Julian Scott, Giulia Boschi, Johnathan Chang, and others. Our acupuncture program is an outstanding feature, combining the most effective acupuncture practices, such as the Balance Method and Wang Ju Yi's principles, with the standard TCM model and scientific acupuncture approaches like dry needling.

By choosing to study at the Athens Academy of East Asian Medicine, you will be investing in your future and opening doors to a fulfilling and rewarding career in East Asian Medicine. Join us today and begin your journey towards a new stage of life.

Sincerely,

Ioannis Dimitriou,
MD PT CCH MLCOM MSc PhD TCM MSc MHP MIP
Co-Director & Founding Member of ACEAM





VISION and MISSION

The mission of Athens Academy of East Asian Medicine (ACEAM) is to educate students in accordance with the highest professional requirements, to prepare clinicians to practice patient-centered medicine of the highest standard and to identify and answer fundamental questions in the mechanisms, prevention, and treatment of disease, in health care and in the basic sciences of Chinese Medicine and Western Medical Sciences.

ACEAM will ensure diversity of education, trainees, staff and students. We will encourage mutual respect among lecturers, students, staff, trainees, and patients and demand high standards of ethical and professional conduct.

ACEAM will achieve international eminence as an academic institution in undergraduate and continuing professional development education, clinical practice and service, public health and prevention and responsiveness to its community.

To achieve this, we constantly guard the professional level of all our courses, evaluate and if necessary improve the level. During the study year we receive feedback from our teachers and students by means of a questionnaire.

We tailor our courses according to both our own high standards and to the standards of the professional associations to ensure continued accreditation of our courses. Our vision is to cultivate and train the next generation of leaders in the field of East Asian Medicine: Acupuncture, Herbal Medicine, & Asian Bodywork.

***“To educate students in accordance with
the highest professional standards”***

Ownership and Governance

Athens Academy of East Asian Medicine, Inc. is an educational institution established under the legal protection of the Non-Profit Organization “Hellenic Partnership of Chinese Medicine”. The institution is governed by the board of directors of Athens Academy of East Asian Medicine, Inc.

Board of Directors

Ioannis Dimitriou
Christina Maniavou
Liu Shao Qing

ACCREDITATION

The Educational Program of Athens Academy of East Asian Medicine, in collaboration with our partner school, Shenzhou Open University of TCM, is designed to meet and exceed the educational standards established by the European Traditional Chinese Medicine Association and its member societies across various countries. Our rigorous curriculum and experienced faculty members are dedicated to providing students with a high-quality education that prepares them for successful careers in acupuncture, herbal medicine, and other traditional East Asian therapies.

However, it is important for our graduates to recognize that each country within the European Union operates as its own regulatory body overseeing the Traditional and Complimentary Medicine Professionals Labor Code: 2230*. As such, it is the sole responsibility of each graduate to thoroughly research and comply with the laws and regulations in the country in which they wish to practice. We provide ongoing support and resources to our graduates to help them navigate the complex landscape of regulations and licensure requirements across Europe and beyond. At Athens Academy of East Asian Medicine, we are committed to empowering our students and graduates to achieve their professional goals and make a positive impact in the world of East Asian Medicine.

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BOARD and STAFF

Co-Director

Dr. Ioannis Dimitriou, MD PhD

Co-Director

Christina Maniavou MSc

Academic Dean

Professor Liu Shao Qing

Vice-Academic Dean

Professor Julian Scott

Examination Committee

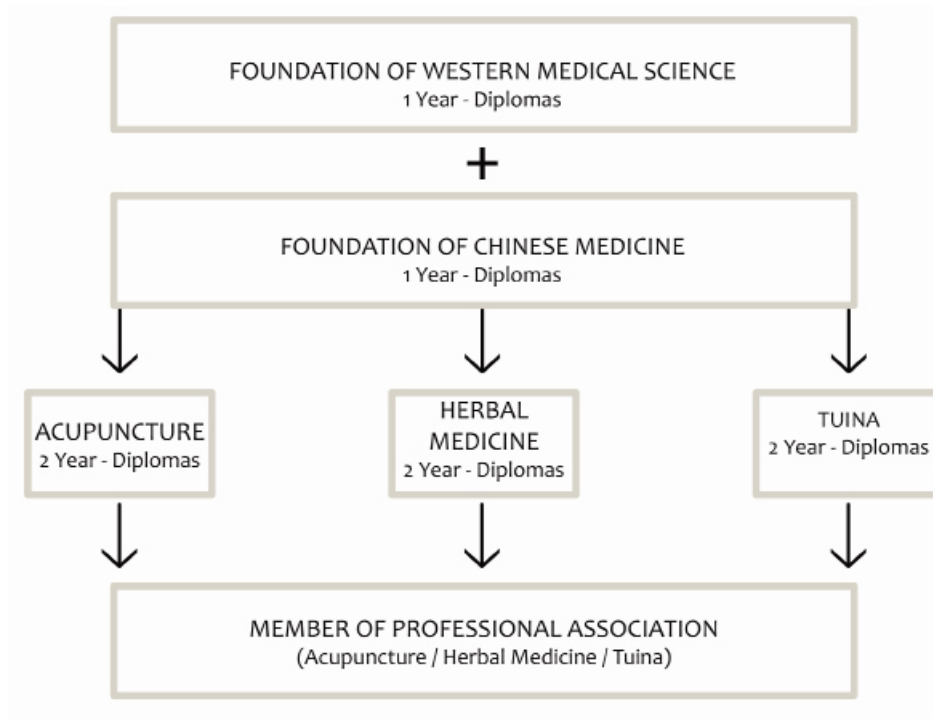
Dr. Dan Tan, Academic Dean of SOU of TCM

Dr. Ioannis Dimitriou, MD PhD

Christina Maniavou MSc

Filip Manja BSc

EDUCATIONAL STRUCTURE



1. There is an exemption granted for medical doctors, physiotherapists, and other medical health professional or those who possess the equivalent coursework required by their primary accredited diploma. We will waive these courses if the student can provide an accredited transcript showing that they have been completed with a minimum passed grade of "C" or higher.
2. The first year of the Tuina course matches the first year of the Acupuncture course.
3. Each Professional Association has their own set of regulations and requirements. Please contact them directly.
4. Some course can be taken concurrently (parallel), but ACEAM cannot guarantee that there is no overlap with some classes. Please take care to check for yourself, the schedule, before enrolling in two courses of study in the same academic year.

The STUDY PROCESS



Language & Communication

Athens Academy of East Asian Medicine offers two program options for students: an English-speaking program and a Greek-speaking program. However, proficiency in the English language is a prerequisite for both programs in order to fully participate in classes. Additionally, students should possess basic computer skills necessary to study on our e-learning platform online.

Attendance and Study Load

Our program at Athens Academy of East Asian Medicine combines face-to-face meetings (one full weekend per month or 3-4 consecutive days, depending on the schedule for the year) with 15-18 hours of independent study on our e-learning platform. Students are expected to record their attendance, submit homework assignments, and engage in discussions with other students on the subject matter feedback forums. We value the educa-

tional contact between teacher and student, and a minimum of 80% attendance is mandatory for each course. The study program requires a significant self-study load, engagement in study groups, and apprenticeship that is about five times the teacher contact hours. For more information about the program schedule, please contact info@ac-eam.com.

Lecture Days

Our TCM program consists of 20 lecture days per year, which are scheduled in 10 blocks approximately once per month on Saturdays and Sundays, with occasional exceptions where they are scheduled in 5 blocks of 4 consecutive days or 4 blocks of 5 consecutive days.

In addition, there are 23 lecture days of Western Medical Sciences courses, which are scheduled on weekdays at a convenient time and on weekends. All schedules will be posted on our e-learning platform, where you can easily access and keep track of your classes.

GENERAL OVERVIEW of the PROGRAM

Our 36-month Professional Training Program for Acupuncture is designed to provide flexibility for students who work full or part-time and/or live in Greece or neighboring countries.

The program adopts an intensive session format for the first two or three years, depending on the needs of the majority of the students. These intensive sessions are scheduled as weekend classes (Saturday & Sunday) from 9:00 a.m. to 6:00 p.m. once per month. If scheduled in a block of 4 consecutive days, it runs from Friday to Monday, and if scheduled in a block of 5 consecutive days, it runs from Thursday to Monday.

The study program includes fulfillment of asynchronous self-study hours, which can be completed by logging into our E-learning platform. We highly recommend attending our live online classes usually once a week in particular months of each year when possible. If attendance is not possible, you can watch the recording of the class at a time of your preference.

The third year usually requires a full clinical residency, which can be fulfilled in various ways.

FOUNDATIONS of CHINESE MEDICINE

Educational Program

DURATION 1 Year
TUITION FEE 2400 € (+24%VAT)
(ACEAM diploma)

TUITION FEE 2950 € (+24%VAT)
(dual diploma)

The purpose of Foundations of Chinese Medicine is to provide basic knowledge of Chinese Medicine, which is mandatory for further study of Acupuncture, Herbal Medicine, or Tuina.

Foundations of Chinese Medicine consist of basic theories such as Yin Yang and the Five Elements, Zang-Fu Theory, TCM Etiology, Pathology, and Diagnosis. Foundations of Chinese Medicine is an important bridge from theory to clinic.

In addition to teacher contact hours, the student will work together with other students in a collective literature study group. They will practice to-

gether in Interactive Practice Study Groups. Within a few months of theoretical training, you will gain access to apprenticeships in the student clinic, first by observing and then by assisting the supervised intern.

Subjects that will be covered in detail are

- Basic Characteristics of Chinese Medicine.
- Yin and Yang.
- Five Elements.
- Zang Fu Organs.
- Qi, Blood and Body Fluids.
- Etiology and Pathogenesis of Chinese Medicine.
- Tongue Diagnosis.
- Pulse Diagnosis.
- Other Diagnostic Methods.
- Pattern Identification: 8 Principles, Pathogenic Factors.
- Pattern Identification: Zang Fu Organs.
- Pattern Identification: Qi, Blood and Body Fluids.
- Pattern Identification: 6 stages, Triple Burners and 4 Levels.
- Establishing contact with the patients: Attitude of the therapist.

海脈經

This image shows a dark, irregularly shaped stone rubbing, likely a seal or a commemorative inscription. The surface is dark and textured, with faint, illegible inscriptions visible. The shape is roughly rectangular with rounded corners and a small protrusion on the right side. The background is a light, mottled grey.

ACUPUNCTURE

Educational Program

ADMISSION PRE-REQUIREMENT	FOUNDATIONS OF CHINESE MEDICINE
DURATION	2 YEARS
TUITION FEE	2400€ (+24%VAT) - PER YEAR
TUITION FEE (dual diploma)	2950 € (+24%VAT)

The aim of the vocational training course in Acupuncture is to prepare future therapists for the professional practice of Traditional Chinese Medicine.

The first year will focus on the channels and acupuncture points as well as on the needling techniques, while the second year focuses on the practical treatment of various diseases. In the second year, writing a thesis is also part of the program. In addition, to the teacher contact hours, you will work together with fellow students in a Literature study group and practice together in the Interactive Practice groups.

During these two years of acupuncture study the amount of apprenticeship hours gradually increases so that you will prepare and be ready to practice independently in your own practice after graduation.

Subjects of the 1st year Acupuncture Educational Program

- History of Acupuncture and Moxibustion.
- General Knowledge of Meridians and Acupuncture Points.
- Meridian System.
- Wang Ju Yi's Applied Channel Theory.
- Acupuncture Techniques.
- Moxibustion and Cupping.
- Ear -, Scalp-, Acupuncture.
- Clinical Acupuncture Points Selection.

Subjects of the 2nd year Acupuncture Educational Program

In the second year, the emphasis is on analyzing and treating diverse and common syndromes seen in clinical practice. Besides the theory, cases and/or case studies will be discussed:

- General Introduction of Acupuncture Therapeutics and Principles.
- Clinical Treatments: Diseases of Heart System, Lung System, Liver System, Spleen and Stomach System, and Kidney System.
- Clinical Treatments, Jing-Luo Channel Diseases, Qi, Blood and Body Fluid Related Diseases, Gynecological, Infantile and Skin Diseases.
- Walk steadily over the bridge: From class to clinic.

Treatment principles will be taught and students will be prepared for treating patients using the Balance Method, the Standard TCM approach, and Wang Ju-Yi's principles.



金银藤

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CHINESE HERBAL MEDICINE

Educational Program

ADMISSION PRE-REQUIREMENT	FOUNDATIONS OF CHINESE MEDICINE
DURATION	2 YEARS
TUITION FEE	2400€ (+24%VAT) - PER YEAR
TUITION FEE (dual diploma)	2950 € (+24%VAT)

The purpose of the Herbal Medicine training is to educate herbalist candidates in Traditional Chinese Herbal Medicine, who can independently run a practice and work safely, competently and effectively.

This course is also suitable for fully qualified Acupuncturists and Tuina – Asian Bodywork Therapists who have not studied chinese herbs previously or who have only studied Patent Formulas.

During the first year of the Chinese Herbal Medicine Course, the appren-

ticeship takes place mainly at the herbal dispensary preparing herbal prescriptions, whilst the second-year apprenticeship takes place with herbal specialists. In the second year, writing a thesis is part of the program.

In addition to the teacher contact hours, you work together with fellow students in a Literature study group and practice together in the Interactive Practice groups. During these two years of Chinese Herbal Medicine study the amount of apprenticeship hours gradually increases so that you will be ready to practice independently in your own practice after graduation.

Subjects of the Educational Program

- Basic Theory and Concepts of Single Herbs, Properties and Tastes.
- Structure of a Formula.
- Nutrition and Dietetics.
- Herbs and Formulas and their Functions.
- Chemistry, Pharmacology and Guidelines for safe use of Chinese Herbs.
- Quality Assurance of Chinese Herbs, European Regulations, forbidden Animal and Botanical Medical Substances in Europe.
- Dispensing of Herbs.
- Composing of Herbal Prescriptions.
- Differentiation and Treatment of Various Diseases.
- Walk steadily over the bridge: From class to clinic.



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TUINA – ASIAN BODYWORK

Educational Program

ADMISSION PRE-REQUIREMENT	FOUNDATIONS OF CHINESE MEDICINE
DURATION	2 YEARS
TUITION FEE	2400€ (+24%VAT) - PER YEAR
TUITION FEE (dual diploma)	2950 € (+24%VAT)

In the Tuina – Asian Bodywork course, you will be trained to apply the Tuina manipulations and treat common diseases for both adults and infants.

A presentation and writing a thesis form a part of the course. In addition to the teacher contact hours, you practice the Tuina Techniques together with your fellow students during the Interactive Practice hours. In the clinical apprenticeships you will be inspired by seeing experienced Tuina therapists at work.

Subjects of the 1st year of Tuina

- History of Acupuncture and Moxibustion.

- General knowledge about Meridians and Acupuncture Points.
- Meridian System.
- Acupuncture Techniques.
- Moxibustion and Cupping.
- Ear -, Scalp-, Electro- Acupuncture.
- Clinical Acupuncture Points Selection.

Subjects of the 2nd year of Tuina

- History of Tuina.
- Tuina Basic Training.
- Tuina Manipulations.
- Pediatric Tuina: Specific Points for Children.
- Infantile Tuina: Specific Manipulations.
- Tuina Therapeutics in Various Diseases.
- Tuina Therapeutics: Infantile Diseases.
- Walk steadily over the bridge: From class to clinic.



PLEASE NOTE:

An *optional* in-house 2-day training in First Aid, BLS and AED is advised according to the requirements of related professional associations. After completing the 2-day training a European accredited Red Cross Diploma is issued. This 2-day training is offered in our seminar program and is not included in the Western Medicine tuition fee.

FOUNDATIONS of WESTERN MEDICAL SCIENCES

Educational Program

(According to Plato Requirements with 42.5 EC)

DURATION I YEARS

TUITION FEE 2400€ (+24%VAT)

This intensive training in Western Medical Sciences is designed for students of any kind of physically based traditional & complementary integrative medicine to gain a high level of knowledge in anatomy, physiology and pathology.

The course content includes topics according to the latest demands, such as Medical Ethics, Health Care Law, Pharmacology and also Psychosocial topics, Psychology and Psychopathology. The course combines the study of international academic study texts and materials with an interactive study structure, group study, and in class oral presentations by the students and discussions in class about current scientific literature.

Subjects that will be covered in detail are:

- Basics: Cytology, Embryology and Body Tissues.
- Integumentary System; Skin.
- Skeleton & Muscles.
- Blood & Immunity.
- Heart & Blood Vessels.
- Lungs & Respiration.
- Digestive System.
- Urinary Tract.
- Nervous System.
- Endocrine System & Hormones.
- Female and Male Genital Systems, Breast Diseases, Sexually Transmitted Diseases.
- Nutrition, Metabolism & Temperature Regulation.
- Infectious and Parasitic Diseases.
- Anamnesis, Inspection and Physical Examination.
- Applied Psychology.
- Psychopathology.
- Psycho-pharmaceuticals.
- Medical and Psychosocial Signals, Red and Yellow Flags.
- Medical Ethics in the Health Care System.



Our INSTRUCTORS and CLINICAL TRAINING TEAM

The Athens Academy of East Asian Medicine's instructors have extensive experience in both clinical practice and education. To ensure a high-quality educational experience, we require our teachers to hold a minimum of a university-level qualification, such as a Bachelor of Acupuncture, Master of Science in TCM, Doctoral degrees in Acupuncture & Oriental Medicine, or an MD.

All of our instructors have been approved and certified by the Non-Profit Organization "Hellenic Partnership of Chinese Medicine" founders, ensuring that they meet professional standards for the safe and competent practice of Acupuncture, Tuina & Chinese Herbology.

Additionally, visiting professors from China are licensed medical doctors by China's Ministry of Health and are qualified to teach at the university level by the Ministry of Education in China.

Co-Director

Dr. Ioannis Dimitriou, MD PhD

Co-Director

Christina Maniavou MSc

Academic Dean

Professor Liu Shao Qing

Vice-Academic Dean

Professor Julian Scott

ACEAM Clinical Training Team

Ioannis Dimitriou / Julian Scott

Christina Maniavou / Giorgos Tzigounakis

Pharmacy Staff

Ioannis Dimitriou / Julian Scott / Liu Shao Qing

Clinic Directors

Christina Maniavou / Ioannis Dimitriou

ACEAM Lecture Team

Ioannis Dimitriou / Julian Scott

Johnathan Chang / Christina Maniavou

Giorgos Tzigounakis / Giulia Boschi

Visiting Instructors

Tae-Hunn Lee / Liu Shao Qing

Dan Tan / Filip Manja / Henry David Tarazona Medina

STUDY MATERIALS and STUDY BOOKS

Students have to buy a number of books and mandatory readers. Supplementary syllabi, if applicable, may be distributed during the course.

Below, the main study books are listed. Most of these books are available in our school library. We offer students access to the library during office hours to read the books on location.

The study coordinators will inform you after your registration about the most recent list of mandatory books with additional information such as, edition and ISBN numbers.

Foundations of Traditional Chinese Medicine

- Chinese Acupuncture and Moxibustion, *Cheng Xinnong*
- The Foundations of Chinese Medicine, *Giovanni Maciocia*
- The Yellow Emperor's Classic of Medicine (Neijing Suwen), *Maosheng Ni*
- Practical Diagnosis in Traditional Chinese Medicine, *Tietao Deng*
- Atlas of Chinese Tongue Diagnosis, *Barbara Kirchbaum*
- Diagnosis in Chinese Medicine - A Comprehensive Guide, *Giovanni Maciocia*

Acupuncture

- The Channels of Acupuncture, *Giovanni Maciocia*
- The Practice of Chinese Medicine, *Giovanni Maciocia*
- A Manual of Acupuncture, *Peter Deadman*
- Clinical Handbook of Internal Medicine, *William Maclean Et al.*
- Applied Channel Theory in Chinese Medicine, *Wang Ju Yi & Jason Robertson*
- The Treatment of Pain, *Sun Peilin*

Herbal Medicine

- Chinese Herbal Medicine, Materia Medica and Chinese Herbal Medicine, Formulas & Strategies (Two Volumes), *Dan Bensky*
- Chinese Herbal Medicines: Comparisons and Characteristics, *Yifan Yang*
- Chinese Medicine Study Guide: Formulae, *Li Qing-ye*

Tuina

- Tuina therapy-treatment of adults & children, *Weizhong Sun and Arne Kapner*
- Chinese Tui Na Massage: The Essential Guide to Treating Injuries, Improving Health & Balancing Qi, *Xiancai Xu*
- Introduction to Tui Na, World Century Publishing Corporation, *Lan-qing Liu, Xiao Jiang, Gui-bao Ke*

Foundations of Western Medical Sciences

Anatomy and Physiology

- Human Anatomy & Physiology, *Elaine N. Marieb & Katja Hoehn*

Psychology

- Reader Psychology, based on the book: Psychology, the Science of Mind and Behavior (N. Holt, A. Bremner, E. Sutherland, M. Vliek, M. Passer & R. Smith), *Shenzhou Open University of TCM*

Pathology

- Readers, *A.C.F.M. Korthout*
- Underwood's Pathology; A Clinical Approach, *Simon S. Cross*
- Mind Maps in Pathology, *Peter Dervan*
- Pathophysiology Made Incredibly Easy, *William N. Scott*

散文学生活动中心



ADVANTAGES / OPPORTUNITIES

Practical Training and Externships

Starting from the basic year Foundations of Chinese Medicine, students will be trained in Case Analysis, Acupuncture Technique or Tuina Manipulation practice according to their chosen course. In addition, students need to complete extended mandatory clinical training and internship.

The Clinic

Athens Academy of East Asian Medicine (ACEAM) offers a unique opportunity to all students to complete a quote of their apprenticeship/internship hours in our affiliated clinic as part of their course without any payments. Practitioners of Chinese Medicine at our clinic have broad experience in the areas of Acupuncture, Tuina, and Herbal Medicine.

External Apprenticeships / Internships

Students of Athens Academy of East Asian Medicine can also do part of their apprenticeship with TCM practitioners which have been accredited by ACEAM.

International Apprenticeships

Athens Academy of East Asian Medicine has established partnerships with several institutions, including Shenzhou Open University (Holland), Tianjin University of Chinese Medicine and Nanjing University of Chinese Medicine (China), Can Tho University of Medicine & Pharmacy (Vietnam), and London Academy of Chinese Acupuncture (UK). As a student of Athens Academy of East Asian Medicine, you will have the opportunity to do part of your apprenticeship at affiliated teaching hospitals of Tianjin or Nanjing University of Chinese Medicine or Can Tho University of Medicine & Pharmacy. For further information, please contact us.

Students can also do part of their internships at hospitals in other countries and local hospitals that are approved by the WHO (World Health Organization). Apprenticeships abroad can only comprise up to a maximum of 50% of the total mandatory apprenticeship hours. Prior permission from the study coordinators is required.

CONTINUING TRAININGS / SEMINARS

Athens Academy of East Asian Medicine frequently organizes seminars. With our program, we hope to offer you a good choice of seminar topics. New developments in TCM and topics that were suggested by our participants motivate us to continually search for new interesting subjects for our seminars. We invite well known doctors and professors from China, Europe, and the U.S.A., to provide our alumni and students with engaging seminars.

We request accreditation at all relevant professional associations for our seminars and announced them in professional magazines. You can find the seminar program and status of accreditation at our website www.ac-eam.com. If you want to be notified of upcoming seminars, you may sign up for our newsletter.

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TUITION FEE, EXAM FEE and PAYMENTS

The cost of registration is 200€ which will be deducted from the tuition fees. The tuition fee is 2400€ + (24%VAT) for the ACEAM Diploma and 2950€ + (24%VAT) for the dual ACEAM & Shenzhou Open University Diploma. If you combine two studies (if the schedule permits it, e.g. a TCM course and a Western Medical Sciences course, you will need to pay the tuition fee for each course.

Books are not included in the tuition fees.

Exam Fee for Students of Athens Academy of East Asian Medicine

The first exam and first -re-examination are without extra cost. A second re-take exam will be charged with 100 €.

Payments:

Tuition and registration fees must be paid in full 5 working days prior to the start of the course. Partial payments are possible with an additional cost of 100€ and should be paid upon registration. Early bird discount: Students who apply for enrollment before June 1st, 2023 will receive a reduction of 100 euros. Late payments will incur an administration fee of 50 euros.

Cancellation:

Cancellation of a registration by the student should be done in writing. Cancellation up to 30 days before the course starts: No cancellation costs. Cancellations after that period, up to one week before the course starts: A registration fee of 75 euros. Thereafter, the rules regarding Refunds are applicable.

Refunds:

Tuition fees will, in principle, not be refunded except in rare and extreme cases when students are not able to finish their studies due to serious accidents, illness, or death. In these cases, the student or relative can apply in writing to the Institution Office for a refund. Those who apply for a refund within one week before the start of the course will get 75% of the fees refunded. Those who apply within three weeks after the course starts will receive 50% of the fees. After this date, there is no longer any right of refund. Registration & Administration Fees are not refundable.

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ADMISSIONS

Educational Requirements for Admission:

Applicants must be able to document that they passed their “A” levels or have completed 60 semester credits (or the equivalent) from an accredited 2 or 4- year educational institution. Official transcripts from their institutions must be sent to the Admissions Office as part of the application process and must include course catalog descriptions.

Required Foundations of Science Prerequisites:

- General Biology: 3 Semester Credits (45 hours)
- Human Anatomy & Physiology I & 2: 4 Semester Credits (60 hours)

If you have not already completed these two courses, please talk to the Admissions Counselor to discuss ways of completing them before you enroll.

As with all General Education courses, students must have earned at least a “C” grade or above to receive credit.

All students applying must be able to demonstrate proficiency in the English language.

Registration is my means of

- A completed registration application.
- A recent copy of the passport photo.
- Copies of diplomas and certificates, and others relevant to the admission

You can register online: www.ac-eam.com

If you followed a TCM education elsewhere and want to transfer credits to Athens Academy of East Asian Medicine, please consult with the study coordinators.

Registration Costs:

Upon your first registration at ACEAM, registration costs of 100 euros will be charged. This fee is due at the time of registration. You will need to register anew for each year.

Registration Date:

We advise you to register before the 15th of July 2023. For registration after the 15th of July, please contact the study coordinators to find out if participation is still possible. In case of insufficient numbers of registrations, ACEAM reserves the right to cancel the course.

Unforeseen Changes:

ACEAM reserves the right to amend the policies mentioned in this guide if and when needed without notification in advance. Your understanding is much appreciated.

About ATHENS

Facilities

Athens is the capital and largest city in Greece, serving as the gateway to the Mediterranean. The Athens Academy of East Asian Medicine is located near the heart of the city and easily accessible by metro. Affordable housing options are available in close proximity to the facilities, and students can enjoy a pleasant climate while exploring the richness of Athens' cultural heritage.

The education facilities and affiliated clinics of the Athens Academy of East Asian Medicine are conveniently located in various areas of Athens, with each location being in close proximity to a metro station.

Athens is a university town as well as a major tourist city. There are several options for housing both short and longer-term. There are many affordable hotels, and charming Air B&B's.

The Residency Requirement

The program follows an intensive session format for the first two or three years, depending on the needs of the majority of students. These intensive

sessions are held as weekend classes on Saturdays and Sundays, from 9:00 a.m. to 5:00 p.m., once a month. If scheduled in a block of 4 consecutive days, it runs from Friday to Monday, and if scheduled in a block of 5 consecutive days, it runs from Thursday to Monday.

The study program also includes asynchronous self-study hours, which can be completed by logging into our E-learning platform. We highly recommend attending our live online classes, usually once a week, in particular months of each year when possible. If attendance is not possible, you can watch the recording of the class at a time of your preference.

The third year of the program usually requires a full clinical residency, which can be fulfilled in various ways. Students are responsible for obtaining their student visa if needed. Clinical internships are available in Athens, Greece, and students can also choose a China option at one of our partnered Universities. During the third academic year, if the student is also enrolled in the Chinese Herbal Diploma, they must attend weekly herbal classes to enhance their clinical training.



ANNEX

Traditional and Complementary Medicine Professionals Labor Code 2230:Acupuncturist, Chinese Medicine Practitioner

Traditional and Complementary Medicine Professionals examine patients, prevent and treat illness, disease, injury and other physical and mental impairments and maintain general health in humans by applying knowledge, skills and practices acquired through extensive study of the theories, beliefs and experiences, originating in specific cultures.

Tasks include:

- a. Conducting physical examinations of patients and interviewing them and their families to determine their health status;
- b. Developing and implementing treatment plans for physical, mental and psychosocial ailments using applications such as acupuncture, ayurvedic, homeopathic and herbal medicine;
- c. Evaluating and documenting patients' progress through treatment plans;
- d. Providing health, nutrition and lifestyle advice to individuals, families and communities;
- e. Prescribing and preparing traditional medicines, such as herbal, plant, mineral and animal extracts, to stimulate the body's capacity for self-healing;
- f. Exchanging information about patients with other health care workers as needed to ensure continuing and comprehensive health care;
- g. Conducting research into traditional and complementary medicines and treatments and disseminating findings such as through scientific papers and reports.

CONTACT INFO

General Criteria

The Athens School of East Asian Medicine is dedicated to upholding a high standard of education. This ensures public safety. We train practitioners with a high level of commitment to learning.

Contact

The Admissions Office can be contacted on Mondays, Wednesdays, and Fridays between 10:00 and 14:00 and on Tuesdays and Thursdays between 13:00 and 17:00.

Admissions

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